

# Christina Jordan, BSN, RN, HNB-BC || Curriculum Vitae

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## EDUCATION

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Candidate	MSN	Nursing Education	University of West Georgia
2018	Certificate	Leadership	Duke University
2016	BSN	Nursing	University of West Georgia
2015	ADN	Nursing	West Georgia Technical College

## LICENSURE AND CERTIFICATION

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Present	RN251488 Georgia
2019-present	Certified Holistic Nurse (HNB-BC) American Holistic Nurses Association
Present	ACLS, PALS, BLS American Heart Association
Present	Trauma Nursing Core Course Emergency Nurses Association
2016	Unit Preceptor, Students and New Graduates

## PROFESSIONAL EXPERIENCE

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Present	Simulation Nurse Educator	University of West Georgia, Carrollton, GA
2018-2019	Nurse Educator	WellStar Atlanta Medical Center, Atlanta, GA
2017-present	Staff Nurse Emergency Department	Tanner Medical Center, Carrollton, GA
2015-2018	Staff Nurse Emergency Department	Atlanta Medical Center, Atlanta, GA
1998-present	Certified Massage Therapist	Private Practice

## TEACHING EXPERIENCE

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### WellStar Health System, Atlanta Medical Center Downtown Campus

2019	Behavioral Health Skills Lab
2018-2019	Instruction in Holistic Care to staff – Created curriculum and identified validated instruments to measure results of instruction <ul style="list-style-type: none"><li>• Telemetry</li><li>• Ortho/Trauma</li><li>• Leadership</li><li>• Emergency Department</li><li>• Integrative Health volunteers – Care rounding</li></ul>

## RESEARCH

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2019	Principle Investigator for IRB approved quality improvement study on the effects of essential oil versus breathing on stress and fatigue levels in nursing staff.
2018-2019	Principle Investigator for IRB approved pilot studies on the effects of stress-management interventions on burnout.

## PRESENTATIONS

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- Jordan, C., and Roberts, K. (2019) *Transformation: The birth of an Integrative Health Center*. 2019 International Caritas Consortium, San Francisco, California (poster).
- Jordan, C., and Roberts, K. (2019) *Mindful Leaders: Establishing Sustainable Practice for an Organization*. American Organization for Nursing Leadership, Nashville, Tennessee (poster).
- Jordan, C. (2019) *Care of Self: Holistic Care of the Nurse-Practitioner Student*. Mercer University, Georgia.
- Jordan, C. (2018) *Mindfulness in Nursing Practice: The Art of Presence*. University of West Georgia, Georgia
- Jordan, C. and Roberts, K. (2018) *Team Lavender: A Tool in Critical Incident Response*. Atlanta Medical Center, Center for Nursing Excellence, Atlanta, Georgia (poster).
- Jordan, C. and Garcia, R. (2018) *The Effects of Environment in Healthcare: A Study in Rehabilitation and Evidence-Based Design*. Atlanta Medical Center, Center for Nursing Excellence, Atlanta, Georgia (poster).
- Jordan, C. and Roberts, K. (2018) *"The Moment Room": The Effects of a Relaxation Room on Burnout*. Atlanta Medical Center, Center for Nursing Excellence, Atlanta, Georgia (poster).
- Jordan, C. and Roberts, K. (2017) *Integrative Medicine for the Healthcare Provider*. Evidence-Based Practice/Nursing Research Conference, Atlanta, Georgia (poster).

## HONORS AND PROFESSIONAL AFFILIATIONS

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- 2016            Graduated Summa Cum Laude (BSN)
- 2012-2015    President's Honor Roll
- 2018-Present American Holistic Nurses Association
- 2014-Present National Technical Honor Society Member

## ORGANIZATIONAL SERVICE

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### WellStar Atlanta Medical Center

- 2018-2019    Professional Development Council
- 2018-2019    Sexual Orientation and Gender Identity EPIC Buildout Committee
- 2019           PRIDE Parade Committee
- 2018-2019    Liaison with WellStar Foundation for Integrative Health Initiatives
- 2018           Emergency Department Unit-Based Council

## COMMUNITY SERVICE

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|---|-----------|
| Carroll County Animal Shelter                   | Present   |
| Presenter, West Georgia United Healthcare Forum | 2018      |
| Collect Goods, Carroll County Emergency Shelter | 2018      |
| Health Educator, Rapha Clinic of Bowdon         | 2015-2016 |
| Yoga Instructor, Carrollton Senior Center       | 2014-2017 |
| Carrollton Soup Kitchen                         | 2013-2018 |

## Professional Growth and Development

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\*Ongoing Participation in Various Continuing Education Seminars and Webinars

Nurse Management Lunch and Learn	February 2019-August 2019
American Holistic Nurses Conference	June 2018
Critical Incident Stress Management	May 2018
Identifying Human Trafficking, FBI presentation	April 2018
Conversion to EPIC from CERNER	February 2018